

Materials List

Developing a Sample Library of Natural Rhythms

2 or 3 day workshop by Nancy Ballesteros, Perth, Western Australia
Recommended skill level - basic beginner skills through advanced

This workshop is about exploring, having fun and creating a library of personal samples that will inspire your creative process for years to come. We will learn how use the Fibonacci design principal to create structured linear patterns (ie stripes) and more rhythmical organic ones. Practical Colour Theory will also be covered. Come with an open mind and spirit for learning new techniques of working with WET wool while learning to felt great superfine nuno.

Homework before Class:

- For a bit of fun and inspiration you can go on-line to Pinterest and look up 'Stripes Fashion, Stripes Art, Stripes Rugs', Quilters like Nancy Crow and Gee's Bends are inspiring, books on rugs, and fashion designers like Issey Miyake. Find stripe and rhythmical patterns that inspire you! Bring a photocopy of your favorite(s), or store pictures on your phone/tablet.
- Another fun tool is the 'Random Stripe Generator' located at:
http://www.biscuitsandjam.com/stripe_maker.php Have a play, it is loads of fun and very inspiring! Choose the 'Stripe Widths Allowed" as 1,2,3,5,8,13.
- <http://www.colourlovers.com> (go to Colour This Pattern) for a fun play with colour and stripes.

Material Requirements:

We are hoping to accomplish around 2-4 samples... give or take. The size of most our samples will be: 55cm x 55cm (22" x 22"). Of course, colour plays an important part of designing any Natural Rhythm sequence. It is important to come with a good selection of colours to play with. Be sure and include as many neutral colours (greys, browns, beiges, creams, taupes, etc...) as you can. I know it will be hard to choose what to bring. I will try and have a supplemental selection available on the day to help pad out what is missing.

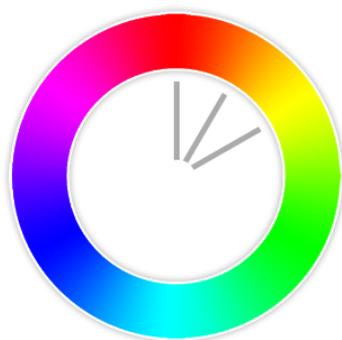
Fabric: We will be felting 2-4 samples so bring a selection of at least 4 pieces of light-weight fabrics (3.5 to 5 momme) measuring 55cm x 55cm (22" x 22") in size. Type of fabrics to bring: tissue silk, silk mesh, silk margilan (but not the thinnest), silk chiffon, paj, cotton gauze, etc. Fabrics can be plain or patterned. We can also piece fabric pieces together to make the correct size. Extra fabric can be handy to have on hand. You can design more than one of your samples with the same fabric.

Silk Hankies: Bring a few various colours of Silk Hankies; 10-20gms in total (less than 1 oz). You need very little of any one colour.

Wool: Bring **AT LEAST 300gms (11oz) of superfine Merino tops 19.5 micron or finer.** You will be felting 2-4 samples. Each sample will use approximately 25gms (~1oz) of wool. If you don't have scales, 25gms (~1 oz) measures approximately 1 metre (~1 yard) of wool tops. More colours = more design choices.

Colour: For each sample you will need to put together the following colour requirements. It is ok if you use the same colours for all the samples.

1. Bring 2(or 3) **Analogous colours** (these are similar colours that lie next to each other on the colour wheel). Here are some examples of how you can choose Analogous colours:
 - a. Bring two or three colours sitting next to each other on the colour wheel. For example bring a Red, a Red-Orange and an Orange.
 - b. Bring a tint & shade a one colour. For example Blue - bring a light blue (tint) and dark blue (shade).
 - c. If you want to bring several tonally similar multi coloured top this is fine, we will experiment and see how we can use it.
2. Bring 2 **Neutral colours** (ie colours like: greys, browns, beiges, creams, taupe, black) that look good with your Analogous colours. If you understand undertones, make sure the undertone of the neutral matches your analogous colours. If you don't understand undertones, bring what you have and you will learn how to use undertones.
3. Bring 1-3 **Highlight colours**. Use the compliment of your Analogous colours (this colour sits opposite it on the colour wheel). Very little of these colours are needed. You can also throw in some random unexpected colour that you would like and we will see how it works.



ANALOGOUS COLOURS - The analogous colours are groups of two or three colour (sometimes up to five colours) that sit next to each other on the colour wheel. Analogous colours usually feel harmonious.

HERE ARE A COUPLE OF EXAMPLES OF WHAT THE ABOVE FORMULA COULD LOOK LIKE



Ok – Don't panic! If all your good intentions fail – just bring your stash!

General Class Requirements:

- Colour Wheel - bring one if you have it. Otherwise I suspect there will be enough to share around. I particularly like a colour wheel called Colour Computer by M. Grumbacher, Inc. and one called the Creative Color Wheel at www.CreativeColorWheel.com (USA)
- Bubble wrap: 1.8m x 75cm (70" x 30")
- **TWO** Painters Plastic Drop sheets 1 mil (25um) thick: 1.8 m x 75cm (70"x 30"). Don't bring **BLUE!**
- Pool noodle or PCV pipe: 75cm (30"). Diameter approximately 6cm (2.5inches)
- 1 metre (not yards) Tape measure - preferably plastic coated (one that you don't mind getting wet or marking on).
- Scissors you don't mind using to cut wet wool
- **Waterproof** apron (optional but recommended)
- Ball Brauser or Sprinkling water bottle (you can poke fine holes in the lid of 2lt milk bottle with a hot fine needle)
- 2 lt (2-quart) plastic container (Rubbermaid, or plastic ice cream container) to hold water
- Small Bucket (optional)
- Olive Oil Soap bar
- Towels - bring several!!
- Several ties for rolling bundle – I use no-roll elastic or old hoisery
- Micro cloths – a **MUST ! Bring SEVERAL!!!!**
- Table Leg Raisers if you need them
- Notebook/pencil
- Name tag
- Lunch/water

Fulling Equipment:

- Corrugated Fulling Surfaces– **BRING ANY ONE** of these corrugated surfaces: glass washboard, metal washboard, **firm** blue pool bubble wrap (used for covering spa's to keep the heat in). I like clipping mine inside an oil drip tray (see photo), other corrugated surfaces can be the backside of Ikea cutting boards, or sturdy large size paint tray that **has lots of ridges...** Palm washboard or make your own with moon stones and a masonry float (see below pic)
- Heavy rolling pin for fulling (optional) – marble ones are good too.
- Wooden dowel rod or small diameter pvc pipe. Approximately 2-3cm (1 inch) diameter. Length: approx. 50 to 75cm long (20"-30"). This will be used as a fulling tool.
- Non-slip matt (optional) - useful for putting under these tools so they don't slide
- Sander – optional. This will depend on the venue and the host. More info about this in further correspondence.

A few of my favourite fulling tools

